

PE Curriculum Map - St Just Primary School 2023-24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
REAL PE Themes	Unit 1 - Personal	Unit 2 - Social	Unit 3 - Cognitive	Unit 4 - Creative	Unit 5 - Physical	Unit 6 – Health & Fitness
EYFS	Unit 1 – Personal FUNS 10 & 1	Unit 2 – Social FUNS 6 & 2	Unit 3 – Cognitive FUNS 5 & 4	Unit 4 – Creative FUNS 9 & 7	Unit 5 – Applying Physical FUNS 8 & 12	Unit 6 – Health & Fitness FUNS 11 & 3
	YST Healthy Movers - Physical development sessions: dance, gym & yoga					
Year 1	REAL PE Unit 1 – Personal FUNS 10 & 1	REAL PE Unit 2 – Social FUNS 6 & 2	REAL PE Unit 3 – Cognitive FUNS 5 & 4	REAL PE Unit 4 – Creative FUNS 9 & 7	REAL PE Unit 5 – Applying Physical FUNS 8 & 12	REAL PE Unit 6 – Health & Fitness FUNS 11 & 3
	REAL Gym	REAL Gym	REAL Dance	Athletics - Quad Kids		Mini Tennis
Year 2	Unit 1 – Personal FUNS 10 & 1	Unit 2 – Social FUNS 6 & 2	Unit 3 – Cognitive FUNS 5 & 4	Unit 4 – Creative FUNS 9 & 7	Unit 5 – Applying Physical FUNS 8 & 12	Unit 6 – Health & Fitness FUNS 11 & 3
	Multi-skills (PE Planning scheme): throwing, catching, rolling, stopping, bouncing, aiming		REAL Gym	REAL Dance	Swimming Net/Wall - Tennis	Swimming
Year 3	Unit 1 – Personal FUNS 10 & 1	Unit 2 – Social FUNS 6 & 2	Unit 3 – Cognitive FUNS 5 & 9	Unit 4 – Creative FUNS 8 & 7	Unit 5 – Applying Physical FUNS 12 & 3	Unit 6 – Health & Fitness FUNS 11 & 4
	Real Gym	REAL Dance	Swimming	Swimming	Net/Wall - Tennis	Athletics
Year 4	Unit 1 – Personal	Unit 2 - Social	Unit 3 - Cognitive	Unit 4 - Creative	Unit 5 – Applying Physical	Unit 6 – Health & Fitness Water Sports Day
	Swimming	Swimming	REAL Gym	REAL Dance	Net/Wall - Tennis	Athletics
Year 5	Core PE – Unit 1 Cognitive FUNS 9 & 12	Core PE – Unit 2 Creative FUNS 2 & 3	Core PE – Unit 3 Social FUNS 5 & 7	Core PE – 4 Applying Physical FUNS 1 & 6	Core PE – Unit 5 Social FUNS 5 & 10	Core PE – Unit 6 Personal FUNS 8 & 11
	Table Tennis	Table Tennis	Tag Rugby Table Tennis	REAL Gym Table Tennis	Net/Wall – Tennis Safe Surf Day	Striking & Fielding - Cricket / Rounders Water Sports day
Year 6	Core PE – Unit 1 Cognitive FUNS 9 & 12	Core PE – Unit 2 Creative FUNS 2 & 3	Core PE – Unit 3 Social FUNS 5 & 7	Core PE – 4 Applying Physical FUNS 1 & 6	Core PE – Unit 5 Social FUNS 5 & 10	Core PE – Unit 6 Personal FUNS 8 & 11
	Table Tennis	Table Tennis	Tag Rugby Table Tennis	REAL Gym Table Tennis	Net/Wall – Tennis Table Tennis	Athletics Water Sports day Top-Up Swimming

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Sport Specific	Scheme
Athletics (including Quad Kids)	PE Planning scheme
Tennis	www.LTA-tennis.force.com Accessible on Shared Staff drive Penzance Tennis Club coach
TAG Rugby	PE Planning scheme / Cornish Pirates RFC Community Coach
Cricket	Chance2Shine – St Just Cricket Club coach
Swimming	Swim England Scheme of Work delivered by trained instructors at Penzance Leisure Centre
Table Tennis	St Just Table Tennis club coach
Gymnastics	PE Planning scheme / Penzance Gymnastics club coach
Orienteering	Cross-Curricular Orienteering scheme

Year	Additional PE & School Sport Offer
EYFS	Balance-a-bility Healthy Movers Archery & Cross-bows session Cross-Curricular Orienteering
Y1	Cape Cluster Multiskills Festival Cornwall Cricket Board coaching – Continuous cricket / Rapid-fire cricket Continuous & Rapid -Fire Cricket festivals Archery & Cross-bows session Cross-Curricular Orienteering
Y2	Cape Cluster Multiskills Festival Cornwall Cricket Board coaching Continuous & Rapid-Fire Cricket festival Football Club Archery & Cross-bows session Cross-Curricular Orienteering
Y3	Cape Cluster Multiskills Festival Penzance Gym Club (5-week block) Cornwall Cricket Board coaching Health & well-being day – climbing & archery Football Club Tennis Club Athletics Club Cross-Curricular Orienteering
Y4	Cape Cluster Multiskills Festival Gymnastics – Pz Gym Club coach (5-week block) Basketball Club Football Club Athletics Club Basketball Club Archery & Cross-bows session Cross-Curricular Orienteering

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Y5	<p>Cape Cluster Multiskills Festival Play Leaders training Bikeability training (x2 half-day & x1 whole day sessions) Cornish Pirates Rugby Coaching (6-week block) Golf Club Football Club Basketball Club Athletics Club Surf Club – Global Boarders Safe Surf Day with Global Boarders Water Sports Day with Ocean Sports Table Tennis coaching weekly Cricket ‘Chance 2 Shine’– link with St Just Cricket Club coaches Cross-Curricular Orienteering</p>
Y6	<p>Cape Cluster Multiskills Festival Bikeability training (x2 half-day & X1 whole day sessions) Play Leaders Training for all pupils (one day) Top-Up Swimming (5 consecutive days) Cornish Pirates Rugby Coaching (6-week block) Water Sports Day with Ocean Sports Cricket ‘Chance 2 Shine- - link with St Just Cricket Club coaches Mountain Biking – Lanhydrock Cycle Trails Ice Skating (Eden / Plymouth Pavilions) Surf Club – Global Boarders Golf Club Football Club Athletics Club Basketball Club Cricket club Table Tennis coaching weekly Cross-Curricular Orienteering</p>

* Forest Schools targeted at identified children throughout the year

* All – KS1 & KS2 Annual Sports Days

* All – Dice Activity Challenges (5 minutes daily in class)

* All – Cross Curricular Orienteering