

PE Curriculum Map – St Just Primary School 2022-23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
REAL PE Themes	Unit 1 - Personal	Unit 2 - Social	Unit 3 - Cognitive	Unit 4 - Creative	Unit 5 - Physical	Unit 6 – Health & Fitness
EYFS	Unit 1 – Personal FUNS 10 & 1	Unit 2 – Social FUNS 6 & 2	Unit 3 – Cognitive FUNS 5 & 4	Unit 4 – Creative FUNS 9 & 7	Unit 5 – Applying Physical FUNS 8 & 12	Unit 6 – Health & Fitness FUNS 11 & 3
	YST Healthy Movers - Physical development sessions: dance, gym & yoga					
Year 1	REAL PE Unit 1 – Personal FUNS 10 & 1	REAL PE Unit 2 – Social FUNS 6 & 2	REAL PE Unit 3 – Cognitive FUNS 5 & 4	REAL PE Unit 4 – Creative FUNS 9 & 7	REAL PE Unit 5 – Applying Physical FUNS 8 & 12	REAL PE Unit 6 – Health & Fitness FUNS 11 & 3
	REAL Gym	REAL Gym	REAL Dance	Athletics - Quad Kids		Mini Tennis
Year 2	Unit 1 – Personal FUNS 10 & 1	Unit 2 – Social FUNS 6 & 2	Unit 3 – Cognitive FUNS 5 & 4	Unit 4 – Creative FUNS 9 & 7	Unit 5 – Applying Physical FUNS 8 & 12	Unit 6 – Health & Fitness FUNS 11 & 3
	Multi-skills (ARENA Scheme): throwing, catching, rolling, stopping, bouncing, aiming		REAL Gym	REAL Dance	Swimming Net/Wall - Tennis (Pz Tennis Club)	Swimming
Year 3	Unit 1 – Personal FUNS 10 & 1	Unit 2 – Social FUNS 6 & 2	Unit 3 – Cognitive FUNS 5 & 9	Unit 4 – Creative FUNS 8 & 7	Unit 5 – Applying Physical FUNS 12 & 3	Unit 6 – Health & Fitness FUNS 11 & 4
	Real Gym	REAL Dance	Swimming	Swimming	Net/Wall - Tennis	Athletics
Year 4	Unit 1 – Personal	Unit 2 - Social	Unit 3 - Cognitive	Unit 4 - Creative	Unit 5 – Applying Physical	Unit 6 – Health & Fitness
	Swimming	Swimming	REAL Gym	REAL Dance	Net/Wall - Tennis	Athletics
Year 5	Core PE – Unit 1 Cognitive FUNS 9 & 12	Core PE – Unit 2 Creative FUNS 2 & 3	Core PE – Unit 3 Social FUNS 5 & 7	Core PE – 4 Applying Physical FUNS 1 & 6	Core PE – Unit 5 Social FUNS 5 & 10	Core PE – Unit 6 Personal FUNS 8 & 11
	Table Tennis	Table Tennis	Tag Rugby Table Tennis	REAL Gym Table Tennis	Net/Wall – Tennis Safe Surf Day	Striking & Fielding - Cricket / Rounders Water Sports day
Year 6	Core PE – Unit 1 Cognitive FUNS 9 & 12	Core PE – Unit 2 Creative FUNS 2 & 3	Core PE – Unit 3 Social FUNS 5 & 7	Core PE – 4 Applying Physical FUNS 1 & 6	Core PE – Unit 5 Social FUNS 5 & 10	Core PE – Unit 6 Personal FUNS 8 & 11
	Table Tennis	Table Tennis	Tag Rugby Table Tennis	REAL Gym Table Tennis	Net/Wall – Tennis Table Tennis	Athletics Water Sports day Top-Up Swimming

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Sport Specific	Scheme
Athletics (including Quad Kids)	ARENA scheme accessible of Shared Staff drive
Tennis	www.LTA-tennis.force.com Accessible on Shared Staff drive Penzance Tennis Club coach
TAG Rugby	ARENA scheme accessible on Shared Staff drive / Cornish Pirates RFC Community Coach
Cricket	Chance2Shine – St Just Cricket Club coach
Swimming	Swim England Scheme of Work delivered by trained instructors at Penzance Leisure Centre
Table Tennis	St Just Table Tennis club coach
Gymnastics	Penzance Gymnastics club coach

Year	Additional Offer
EYFS	Balance-a-bility
Y1	Cape Cluster Multiskills Festival Cornwall Cricket Board coaching Continuous Cricket festival
Y2	Cape Cluster Multiskills Festival Penzance Tennis Club (6-week block) Cornwall Cricket Board coaching Rapid-fire Cricket festival
Y3	Cape Cluster Multiskills Festival Penzance Gym Club (5-week block) Cornwall Cricket Board coaching Health & well-being day – climbing & archery
Y4	Cape Cluster Multiskills Festival RNLI Hit the Surf programme (one day) Health & Well-being day – climbing & archery Gymnastics – Pz Gym Club coach (5-week block)
Y5	Cape Cluster Multiskills Festival Bikeability training (x2 half-day & x1 whole day sessions) Cornish Pirates Rugby Coaching (6-week block) Safe Surf Day with Global Boarders (one day) Water Sports Day with Ocean Sports Cricket 'Chance 2 Shine' – link with St Just Cricket Club coaches Surf Club – Global Boarders
Y6	Cape Cluster Multiskills Festival Bikeability training (x2 half-day & X1 whole day sessions) Play Leaders Training for all pupils (one day) Top-Up Swimming (5 consecutive days) Cornish Pirates Rugby Coaching (6-week block) Water Sports Day with Ocean Sports Cricket 'Chance 2 Shine' - link with St Just Cricket Club coaches Mountain Biking – Lanhydrock Cycle Trails Ice Skating (Eden / Plymouth Pavilions)

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	Surf Club – Global Boarders
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* Forest Schools targeted at identified children throughout the year

* All – KS1 & KS2 Sports Days